



Hot Weather & Holidaying with Pets

Hot weather and holidays will be enjoyed by many of us this summer, but it is important to consider your pets in your plans both when the weather is warmer as well as if you're planning a trip away, with or without your pets.

Hot Weather Tips

- Move garden hutches and runs to shaded areas, or put a lightweight covering over to provide shade
- Ensure indoor cages, crates and hutches are out of direct sunlight
- Make water available from multiple sources (both indoors and outside) and check throughout the day
- Apply sun block to areas where hair is thin such as tops of ears and noses (it is best to use products designed for children or sensitive skin, and you should always test the cream on a small area first and leave it for 24 hours to ensure your animal is not going to react to it)

- Leave windows open, fans going and air conditioning on inside, especially if you are leaving pets alone for any period of time
- Clean out litter trays and bedding more frequently
- Try to avoid exercising dogs during the midday sun. Instead take them to wooded/shaded areas or take them out in the early morning or late evening when the sun is weaker

General Tips

Regardless of where you are going on holiday, if you are taking your pet/s with you or if someone else will be taking care of them for you while you are away, there are a few things that can help in all circumstances:

- Ensure the contact information on your pets' microchip is up to date
- Favourite toys, beds and blankets should smell of home to accompany your pet, rather than those that have been freshly laundered
- Provide the food they are used to having at home, this will help prevent

fussy eating either while away from home or on your return

- If you know your pet is of a nervous disposition it may be worth buying a pheromone diffuser or discussing specialist food with your Vets that can help to make your pet feel safer
- Plan ahead and ensure you have enough drinking water, food, treats, medication if they are on any and poo bags for your dog →

Special Offers

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Royal Canin Obesity
& Satiety Food
throughout June & July

Free Dog
Microchipping
in conjunction with Dogs Trust



- If your dog is lucky enough to be exploring the great outdoors with you on holiday it is advisable to check with your Vet that they are protected from a wide range of parasites and not just fleas. Just as with humans, dogs will also be a tasty treat or great new home for many unwanted bugs that they may not normally come into contact with, but can easily be prevented with a spot on treatment from your local practice.

Preparing for Kennels & Catteries

If your pet is going into kennels or a cattery while you are on holiday you will need to check what is required by that establishment, however most will expect your pet/s to be fully vaccinated (including against Kennel Cough for dogs and Leukaemia for Cats), as well as that they are up to date flea and worming treatments.

If you know you will not be contactable while you're away, ensure you give details to both the kennels and your Vets, for who has authority to authorise treatment in your absence.

Travelling with Your Dog

Whilst many dogs love travelling by car, unfortunately about a third of all dogs get travel sick, which is no fun for anyone. If you know your dog is one of the unlucky ones:

- Give food in plenty of time before travelling
- Open a window to allow air in
- Take regular breaks on long journeys and make fresh water available
- If possible encourage your dog to look out of the front or rear window, this will allow them to fix on a distant object (such as the horizon) and should reduce feelings of nausea
- Speak to your Vet about medication, there is now a non

Surgery Numbers

Billericay	01277 651068	Northampton	01604 637175
Chingford	0208 524 6326	Orchid	01277 227462
Corby	01536 745212	Peterborough,	
Crowland	01733 212683	Cardea	01733 889236
Debden	0208 532 1999	Peterborough,	
Grantham	01476 561419	Netherton	01733 260523
Hullbridge	01702 233743	Spalding	01775 724333
Huntingdon	07538 327048	Thrapston	01832 731731
Milton Keynes	01908 340544	Wisbech	01945 581190
		Workshop	01909 488008

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drowsy tablet that can be prescribed that your dog may benefit from taking

- Consider use of a pheromone diffuser in the car

You should also consider whether your dog will travel in the car boot, in a crate or on a car seat, and whether a harness is required to keep them safe while on the road.

We hope you've found this information useful, however if you have any questions or queries please feel free to pop in or call your local practice for more advice, and whatever you are doing this summer we hope you and your pet/s have a great time!

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